252 Maize, very unimportant to these Indians, is usually grated while still
[177] green and made into soup. The Kamarakotos are familiar with the Arawak style of corn preparation, now universal in Venezuela, by hulling it in a mortar, soaking, grinding, and baking in cakes, and they say that they occasionally do this. We did not, however, see any cornbread or any mortars for hulling corn and I am sure that this is a rarely used and essentially non-Kamarakoto process, borrowed from Arawak neighbors or from the Venezuelans (who had it from the Arawaks).

272 Sugar cane is commonly peeled and chewed and sucked raw, but the
273 juice is also squeezed out and drunk alone or with water, or added to the mash
171 for making alcoholic drinks. It is not boiled down and sugar is not made.[122]
263 The press used occurs, with some variations, among many of the Orinoco,
407 Amazon, and Guiana tribes. Like sugar cane, it is doubtless post-Columbian,
171 especially as it serves for nothing else and could not be used to prepare any pre-Columbian native food, but it is widely diffused and shows some distinctive local variation. It consists of an upright post one side of which is cut away excepting for a projecting step or shelf, with a hole through the post above this. The cane is set on this step, a pole passed through the hole, and pressure on the pole crushes the cane. The juice is led to a point at the lower end of the projection whence it drips into a vessel. See Fig. 26.

174 Nordenskiöld (1930) has shown that such cane presses are widespread in northern South America and he has argued rather conclusively that they represent a true Indian invention made in post-Columbian times to deal with an introduced plant. The alternative view that the press was introduced by the Negroes
44 is largely disproven by the fact that no such apparatus exists in Africa, as Nordenskiöld points out, and also by its typically Indian distribution, use among Negroes only by those who have had every opportunity to learn it from Indians, especially Caribs, and use by many Indians who could hardly have received it from Negroes.

177 The fact that foreign types of presses did not spread with the foreign
407 plant for which they are needed can be ascribed to difficulties of material and
401 technique. A wheel mill could successfully be made without iron, but this would be difficult, and the wheel principle is so foreign to the Indians that they seem quite unable to cope with it.[123]

Intoxicants and Narcotics.

273 Distilled liquors and fruit wines are unknown, but fermented starchy drinks are prepared in some variety and great abundance. The essential of all these is that some very starchy food, especially casave but also the various kinds of Dioscorea and maize, are grated mixed with water, and fermented. These may be varied by intermediate processes, strengthened by the addition of cane juice,

122, 123 [see footnotes on p. 321, category 116 – Analyst]

226 824 114 them would be useful and interesting. Even Roth's excellent summary leaves innumerable doubtful points.

226 271 120. The supposed danger from poisoned water in this part of South America is thus a figment of the imagination, even more absurd than the danger of attack with blowguns.

252 263 121. It is almost universally stated that this juice is a deadly poison and that the purpose of squeezing it out is to remove the poison from the grated cassave. These statements are misleading. The poison would surely lose its force when the flour was cooked in any case so the pressing is not to remove the poison but merely to obtain a drier flour from which bread can be made. The "deadly poisonous" juice is consumed in enormous amounts by the Indians with no ill effects and is their favorite and most common condiment, rivaled only by peppers. It is always boiled down first, however, and this doubtless destroys any poisonous qualities, whatever they may be.

263 177 122. One or two of the more sophisticated Indians who have seen the crude Venezuelan sugar-loaves, papelón, have attempted to imitate them, but this sporadic effort has, as yet, no significance.

177 401 407 123. An amusing instance is provided by a Taurepán who attempted to devise an imitation of the roll-mill introduced by the missionaries at Santa Elena. He showed us his "invention" with glowing pride, but ruefully confessed that it would not work, as could have been told beforehand by anyone who had grasped the mechanical principles involved.

276 123 124 124. During our stay native habits were disrupted in this respect by the fact that a large stock of cigarettes was used for presents and wages, but I have the impression that smoking, however extensive, is not very intensive, that no one smokes constantly or to excess.

412 125. Which axes, however, may have been used more for such purposes as digging than for cutting.

323 531 415 126. When I asked whether pots are ever painted, it was patiently explained that to do so would be ridiculous since the design would be hidden by soot the first time the pot was used. Pots are used only for cooking, calabashes and baskets being used for all the other purposes for which some Indians use pottery.